



## Health Care Goal Team Meeting Minutes

March 11, 2011; 12:00 pm

Delta AHEC

The Health Care Goal Team met under the leadership of new Co-Chair Becky Hall.

Anna Huff's longtime leadership was acknowledged, after which Jim Sato's acceptance as Co-Chair of the Goal Team was announced.

The following updates were given:

- Becky Hall reported that the Growing Healthy communities effort is pursuing funding for 2011. They are working to have the City Council adopt the walkability assessment that was complete for Helena-West Helena.
- Julia Nordsieck reported that the Teen Pregnancy grant is currently being reviewed by the Walton Family Foundation.
- The Community Health Center has submitted their grant application for funding. They will hear back around April 1<sup>st</sup>.
- The military will be doing their Innovative Readiness Training in Phillips County and several other area counties from June 8- 18. This program will provide free medical care.

The Goal Team reviewed their 2011 priorities of:

- Goals 5-6: Teen Pregnancy and STD Prevention
- Goals 1-2: Nutrition and Exercise Improvement
- Goal 3: Improving access to health care providers

Committees were established to address two of these priorities, as Anna Huff already heads a group supporting the Community Health Center. Each committee developed specific goals and milestones to be accomplished by the end of the year. The priorities are as follows:

**Improve physical fitness of PC residents (Goal 1, p. 57) and intake of nutritious foods (Goal 2, p. 58).**

Year-end Goal:

1. Ensure that residents have adequate access to athletic spaces and facilities.
2. Ensure that a plan is in place to improve sidewalks, trails, and bike lanes in Phillips County
3. Ensure the sustainability of the Helena Farmers Market.

Q1:

- Compile existing ordinances and the 2010 walkability assessment and analyze gaps

Q2:

- Based on identified gaps, meet with the Planning Commission to address concerns.
- Work with local school districts to complete Joint Use Agreements, ensuring appropriate public access of school athletic facilities for residents.
- Reconvene the farmers market planning committee and finalize a 2011 budget and plans for 2012 and 2013 markets. (Pursue Summer Associates funding for help with the farmers market)

Q3:

- Get city council approval, as needed, for any new sidewalk/trails/bike lane plans
- Compile a list of funding sources for additional sidewalk/trails/bike lane construction or repairs

### **Teen Pregnancy and STD Prevention (Goals 5 and 6; p. 60 of the Strategic Plan)**

Year-end Goal:

1. Develop a simple resource guide and referral system for STDs and teen pregnancy (prevention and after the fact)
2. Increase the testing of STDs

Q1:

- Set meeting to develop more comprehensive plan
- Bring others in: Will Tate, Ollie White, Anthony Banks, Kathleen Quinlen

Q2:

- Develop survey for healthcare providers – determine baseline for how often they test
- Develop baseline of available resources

Q3

- Develop resource guide (use older version as starting point)
- Identify partners for referral system
- Develop strategy to increase testing sites and frequency

Q4

- Disseminate resource guide
- Implement strategy to increase testing sites and frequency (tbd)